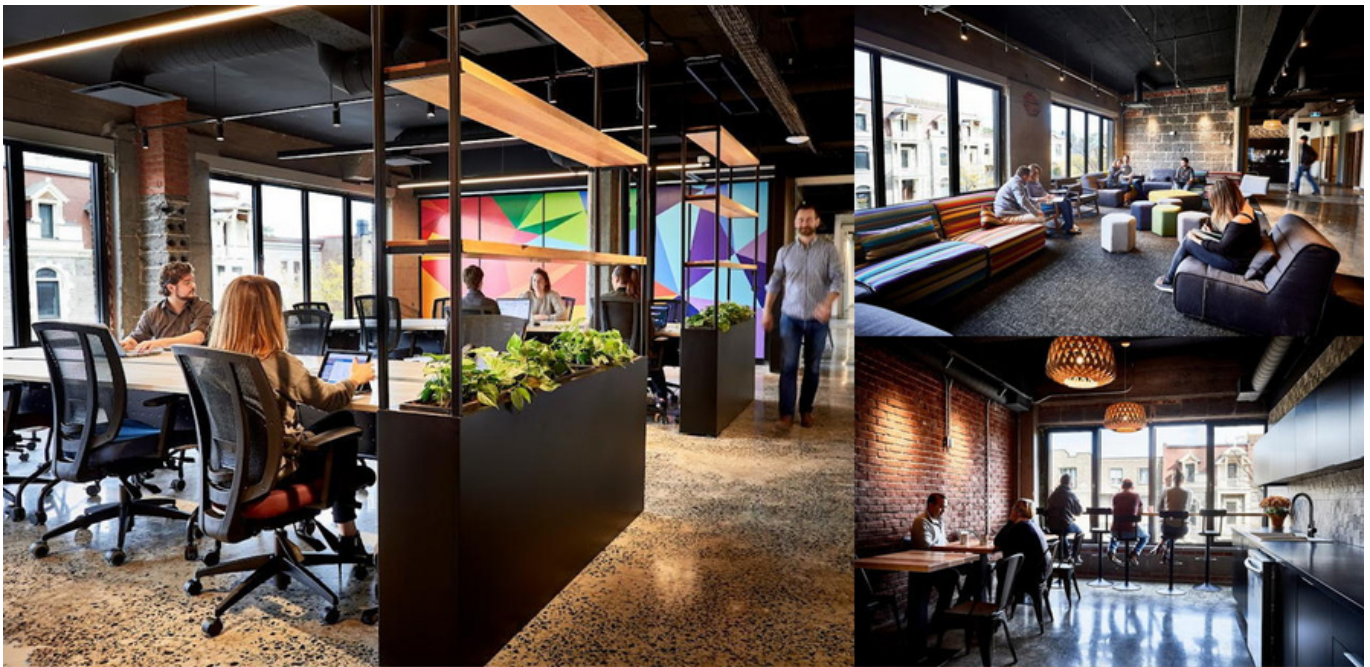


## Workshop & Main Stage Venue

September 8-10



### **MONTRÉAL COWORK**

4388 Saint-Denis, Suite 200  
H2J 2L1, Montréal

<https://g.page/MontrealCowork>

## Wednesday, September 7

### **Virtual Panel: Nomad Identity**

**10-11am**

Panelists: Jenny Lachs, Sophia Cheng, Natasha Stanley, and Angie Cole (Moderator)

**Location: Zoom**

*Link will be sent via email*

**PLUS:**

Meetups All Day!

### **Welcome Happy Hour**

**6-8pm**

**Location: Clébard**

4557 Saint Denis St

<https://goo.gl/maps/dA9BeWqAYKtYx3o47>

## Thursday, September 8

### Workshop #1

**10-11:30am**

***Mining Your Life for Profit***

Kayla Kurin

### Workshop #2

**1-2:30pm**

***Should I Plan or Should I Go?***

Audrey Julianne

Location: Montréal Cowork  
<https://g.page/MontrealCowork>

## Friday, September 9

### Workshop #3

**10-11:30am**

***Embracing Your Fears: We, Not Me***

Jeff Harry

### Workshop #4

**1-3:00pm**

***Coliving: Finding and Creating Your Community***

Maria Kinoshita

Location: Montréal Cowork  
<https://g.page/MontrealCowork>



## Saturday, September 10

### MAIN STAGE DAY

**9am-10am** Registration

**10am-12pm** Speakers

Multicultural Humans: Where Do We Fit & Belong?

*Cassandra Le - Brand Strategist*

How to Mindfully Navigate the New Realities of Nomadic Living

*Dimple Dhabalia - Founder, Roots in the Clouds*

**12pm-1pm**

Lunch & Brainstorming

**1pm-2:30pm**

Breakout Sessions

**2:30pm-3:30pm**

Panel: The Nomad Impact

Tiff Ng (Moderator), Carolyn Lewis, Cyrielle Noël, Maria Kinoshita

**4pm-4:30pm** 7in7 Team: State of the Community + Q&A

**4:45pm-5:45pm** Speakers

How can we make the communities we live and travel to more inclusive?

*Lyda Michopoulou - Transformational Coach*

What's Next for Digital Nomads with Neuroqueer Brains

*Angie Cole - Creator, Untaming the Wild*



## NIGHTTIME SHENANIGANS

(this one's up to you)

## Sunday, September 11

### ADVENTURE DAY

#### 10am-12pm Bagels & Bocce

Come sample Montréal's famous bagels and play in the park with your fellow 7in7ers!

**Location: Pétanque/Bocce ball court in Parc La Fontaine**

3819 Av. Calixa-Lavallée, Montréal, QC H2L 3A7

<https://goo.gl/maps/MLtj6EiCJ17wcpj49>

#### Afternoon Adventures *(you MUST sign up in advance!)*

##### 1pm-3pm Mural & Street Art Tour

A vibrant walking tour along St. Laurent boulevard's impressive outdoor art gallery!

**Meeting Point: 3527 Boulevard Saint-Laurent**

<https://goo.gl/maps/E1Q331CspCLjBTUi8>

##### 1:30pm-3:30pm Montréal Sightseeing River Cruise

Discover Montréal from the water on a guided cruise along the St. Lawrence River!

**Boarding Spot: Montréal Grand Quai, on the boat AML Cavalier Maxim**

<https://goo.gl/maps/maVe5vX4gAdfdZ8R9>

##### 1pm-4pm Beyond the Market Walking Food Tour

Sample regional delicacies and meet the producers at the Jean-Talon Market!

**Meeting Spot: Resto Los Planes**

<https://goo.gl/maps/ZMnA4wmRokD5vRbv6>

### CLOSING PARTY

8-11pm

Location: La Distillerie No.2

<https://g.page/distillerie2>

## Monday, September 12

Brunch Meetup  
(Please RSVP!)

**11am-12:30pm**

Location: Allô! Mon Coco - Plateau  
4448 St Laurent Blvd

<https://goo.gl/maps/4bpEj3Pef4qQwX9U6>

**PLUS:**  
More Meetups All Day!

## Tuesday, September 13

**Volunteer Opportunity**

**10am-1pm**

Greening & Gardening  
along the Lachine Canal

Location: Lachine Canal  
(Exact meeting point TBA)